

AWARENESS PROGRAMME ON WASTE MANAGEMENT AND COMPOSTING HELD AT MPT

Mormugao Port Trust as part of the Swachhta Hi Seva Campaign 2018 which commenced on 15th September 2018, conducted an awareness programme for its employees on the management of waste and composting of biodegradable waste generated at home and in residential colonies as well as port run canteens on 19th September 2018 at the HRD Centre. The programme was coordinated by the Medical Department, under the guidance of the Chief Medical Officer, MPT Hospital, Dr. Nimish V. Pillai. Shri Clinton Vaz, an expert in the field of re-cycling of wastes in Goa who runs a garbage disposal unit *vrecycle* in South Goa, was the Resource Person. Shri Clinton Vaz in his half daylong session spoke extensively with the help of Power Point Presentation on Waste Management, recycling and composting techniques.

Speaking extensively on the subject of garbage generation, garbage accumulation, garbage dumping and the scientific disposal of the same for protection of the environment, Shri Clinton Vaz explained various ways and means by which one can minimize the accumulation of unwanted wastes in our own household. He gave a number of tips and do's and don'ts on how to make life more comfortable, less expensive, garbage free and help protect the environment.

He spoke in detail on the dangers of garbage generation to the environment, scavenging animals, especially so the non-biodegradable wastes. Shri Vaz emphasized on how as citizens we can control and minimize the generation of plastics and other non-biodegradable material from our households in our day to day living.

Shri Vaz gave a demonstration of how to manage a 'Khamba Composter Unit' made of clay in your own home or apartment and put the wet waste to good use by producing organic fertilisers and protecting the environment. This demonstration attracted a lot of attention from the participants and a few participants showed their interest to have one installed at home to recycle their day to day wet biodegradable wastes. A follow up on this programme will be held on 1st October at MPT.

The programme was earlier inaugurated by Capt. Manoj Joshi, Dy. Conservator, MPT and in his brief address stressed on the importance of cleanliness and protecting the environment. The Chief Medical Officer MPT Hospital Dr. Nimish Pillai, welcomed the Resource Person and the participants. Smt. Suhasini C. Kolambkar, Nursing Superintendent, proposed the Vote of thanks while Dr. Hema V. Mayekar Medical Officer compered the function.







